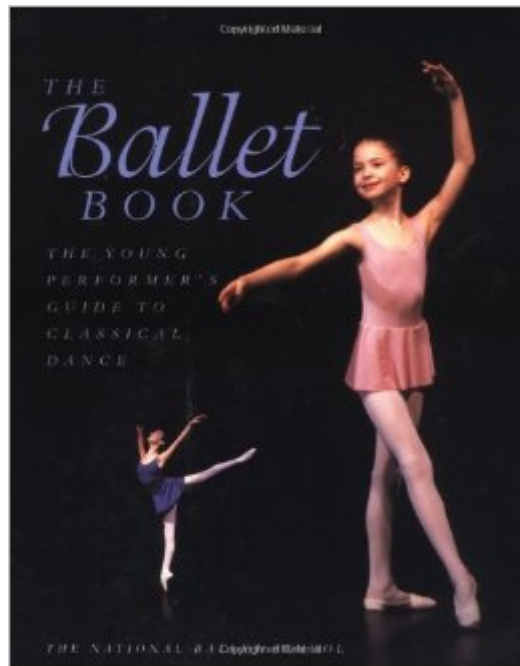


The book was found

# The Ballet Book: The Young Performer's Guide To Classical Dance



## Synopsis

Produced in conjunction with Canada's world-famous National Ballet School, The Ballet Book is a definitive instructional resource for youth and their parents who are beginning to explore the possibilities and delights of ballet. The book illustrates in meticulous detail -- and through more than 100 photographs - every position, step and pose involved in barre work, pointe work, alignment, classical ballet poses, attitudes, allegros, batteries, pirouettes and arabesques. Age-appropriate and comprehensive, it is a motivational guide, with information on deciding to dance; finding a teacher; musical accompaniment; finding the ideal studio; what to wear and grooming; positions, steps and poses; and exercises and nutrition. The Ballet Book is a strong guide for both boys and girls.

## Book Information

Series: Young Performer's Guide

Paperback: 144 pages

Publisher: Firefly Books (September 14, 2007)

Language: English

ISBN-10: 1552093530

ISBN-13: 978-1552093535

Product Dimensions: 9.9 x 8 x 0.3 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #752,005 in Books (See Top 100 in Books) #50 in [Books > Arts & Photography > Performing Arts > Dance > Ballet](#) #432 in [Books > Children's Books > Arts, Music & Photography > Performing Arts > Dance](#) #64205 in [Books > Humor & Entertainment](#)

Age Range: 8 - 14 years

Grade Level: 3 - 9

## Customer Reviews

This survey of ballet dance for young performers provides a fine introduction for kids just beginning to explore the potentials of ballet. Black and white photos of students in action accompany tips on positioning, pointe work, allegros and ballet classes. A fine guide recommended for young newcomers to ballet.

My 6 year old daughter wanted to learn all she could about ballet. The photographs and words helped her to create performances in no time. When she began ballet classes a year later, she

would often tell me, "I saw what we learned today in my ballet book!". What a great connection and wonderful way to interested kids in reading about things they love!

A wonderful example of beautiful ballet technique and poise. It is a friendly and simple introduction to the basics of ballet for any beginner. My sisters and I really learned a lot from this book. I highly recommend this to any aspiring ballet dancer.

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The Ballet Book: The Young Performer's Guide to Classical Dance The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) The Secret of the Ballet Book: (Kids Fantasy Books, Ballerina Fiction) (Kids Mystery, Girls Books Ages 9-12, Ballet Stories, Dance Books, Kids Books, Kids Fantasy Books Ages 9-12) Gospel Classics: Sacred Performer Piano Collection - 12 Artistic Arrangements for Worship Services, Concerts and Recitals (Sacred Performer Collections) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Child's Introduction to Ballet: The Stories, Music, and Magic of Classical Dance Technical Manual and Dictionary of Classical Ballet (Dover Books on Dance) GIRL'S BOOK OF BALLET - Featuring: Beryl Grey on The Making of a Dancer - Gene Kelly on his great new dance film Invitation to the Dance Dance Anecdotes: Stories from the Worlds of Ballet, Broadway, the Ballroom, and Modern Dance The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet Ballet 101: A Complete Guide to Learning and Loving the Ballet The Gymnastics Book: The Young Performer's Guide to Gymnastics Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) The Vintage Guide to Classical Music: An Indispensable Guide for Understanding and Enjoying Classical Music African Dance Trends (Dance and Fitness Trends) (Dance & Fitness Trends) The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories Tap Dancing (Dance, Dance, Dance)

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